

Nevada County Resource Guide

Updated October 7 2026

Use this guide to find help with work, health coverage, food, housing, and family needs. Call before visiting to confirm hours, eligibility, and availability. Ask for language assistance if needed. Project Heart staff can help you make connections.

Start here

Emergency or immediate danger: Call 911.

Emotional distress or thoughts of suicide: Call or text 988, available 24 hours a day.

Local behavioral health crisis (Nevada County): Call 530-265-5811, available 24 hours a day.

211 Connecting Point

Call 211 or 1-833-342-5211 | Available 24 hours a day

Free, confidential referrals for food, housing, transportation, benefits, and other local needs. Tell the specialist your town and what you need. Spanish assistance is available.

www.211connectingpoint.org

Employment readiness

Alliance for Workforce Development

Grass Valley: 530-265-7088 | Truckee: 530-328-2069

Free job search help, resume resources, workshops, computers, and training information. Grass Valley: 988 McCourtney Road. Truckee: 10879 Donner Pass Road, Suite A. Ask about eligibility for training programs.

www.afwd.org/contact | www.afwd.org/job-seekers

Connecting Point Employment Services

530-274-5601

Career coaching, resume and interview preparation, work experience, and help addressing transportation or childcare barriers. For parents participating in Nevada County CalWORKs or Child Support Services programs. Call to ask how to enroll.

www.connectingpoint.org/employment-services/participants

Medi Cal eligibility and public benefits

Nevada County Public Assistance

530-265-1340 | Truckee office: 530-582-7803

Apply for Medi-Cal, CalFresh food benefits, CalWORKs, or General Assistance. Apply online, in person, or request a mailed application. The county determines eligibility. For Medi-Cal, ask how income, household size, age, pregnancy, disability, and immigration rules affect your situation.

www.BenefitsCal.com | www.nevadacountyca.gov/902

Offices: 988 McCourtney Road, Grass Valley; 950 Maidu Avenue, Nevada City; or 10075 Levon Avenue, Suite 204, Truckee.

Behavioral health and medical care

Nevada County Behavioral Health

Access to services: 530-265-1437 or 1-888-801-1437

Ask for the Access Worker for mental health or substance use treatment screening and referrals. Services include adult and youth supports. Western county office: 500 Crown Point Circle, Suite 120, Grass Valley.

www.nevadacountyca.gov/430

Nevada County Crisis Line and Mobile Crisis

530-265-5811 | Available 24 hours a day

Call for a behavioral health crisis assessment and ask about mobile crisis response. Crisis services are available regardless of insurance; mobile response availability is limited. Call 911 for immediate danger or a medical emergency.

www.nevadacountyca.gov/470

Crisis Stabilization Unit

145 Glasson Way, Grass Valley | Open 24 hours a day

Voluntary, short-term crisis support for adults age 18 and older. Walk-in assessments are available. Located to the left of the Sierra Nevada Memorial Hospital emergency entrance. For guidance, call 530-265-5811.

www.nevadacountyca.gov/470

Substance Use Services and Overdose Prevention

530-265-1437 | Ask for the Access Worker

Screening and referrals for alcohol and drug treatment, including outpatient and residential care. Ask about Medi-Cal coverage. Free naloxone and fentanyl test strips are available through Behavioral Health at 500 Crown Point Circle, Suite 120, Grass Valley.

www.nevadacountyca.gov/486

Chapa De Indian Health

Grass Valley: 530-477-8545 | 1350 East Main Street

Primary medical care, dental care, mental health services, and other health supports. Accepts Medi-Cal and Medicare and offers a sliding fee scale for uninsured patients. Call about becoming a patient and available appointments.

www.chapa-de.org | www.chapa-de.org/contact-us

Western Sierra Medical Clinic

530-274-9762 | 844 Old Tunnel Road, Grass Valley

Medical, dental, behavioral health, psychiatry, and medication assisted treatment services at the Old Tunnel location. Call to schedule and ask about new patient enrollment, insurance, or payment options.

www.wsmcmed.org/grass-valley

Covered California

800-300-1506

Help applying for health coverage. One application checks eligibility for Medi-Cal and Covered California. Ask about free enrollment assistance if you need help completing the application.

www.coveredca.com/coverage-basics/medi-cal

When calling: Describe the help you need and ask whether a referral, assessment, insurance approval, or appointment is required.

Children and family supports

For mothers, parents, and caregivers seeking support for their children or family. Call to discuss your needs and ask about eligibility, referrals, and available appointments.

Victor Community Support Services

530-273-2244 | 900 East Main Street, Suite 201, Grass Valley

Mental health and family support for children and youth, including community and school-based services and wraparound support. Ask about Birth Baby and You Wrap, a home visiting program supporting early parenthood, child development, bonding, and connections to maternal mental health resources. Call about program eligibility and referral requirements.

www.victor.org/grass-valley

Nevada County Behavioral Health Childrens Services

Childrens office: 530-470-2736 | Access line: 530-265-1437

Therapy, individual and group counseling, psychiatry, service coordination, and intensive home-based family support for eligible children and youth with Nevada County Medi-Cal. Call to request a screening for your child. Services may be provided at an office, school, or other location convenient for the family; therapy is available in English and Spanish.

www.nevadacountyca.gov/431

NCBH locations: Brighton Greens Resource Center, 988 McCourtney Road, Grass Valley; Joseph Government Center, 10075 Levon Avenue, Truckee. For a behavioral health crisis, call 530-265-5811 at any time.

Women Infants and Children Program

Grass Valley: 530-265-1454 | Truckee: 530-582-7814

WIC offers healthy food benefits, nutrition education, breastfeeding support, and referrals. For eligible pregnant or postpartum people and children under age 5. Parents, guardians, and other caregivers may apply for children. Call for an eligibility screening and appointment.

www.nevadacountyca.gov/867 | www.myfamily.wic.ca.gov

WIC locations: 988 McCourtney Road, Grass Valley; 10075 Levon Avenue, Suite 202, Truckee. Phone and video appointments are also available.

Sierra Nevada Childrens Services

Grass Valley: 530-272-8866 | Truckee: 530-587-5960

Childcare referrals, family resources, and childcare financial assistance for eligible families. Call to find providers and ask about assistance. Grass Valley: 420 Sierra College Drive, Suite 100.

www.snscs.org/contact | www.snscs.org/parentresources

Food housing and household needs

Interfaith Food Ministry

530-273-8132 | 440 Henderson Street, Grass Valley

Supplemental groceries for Nevada County residents facing food insecurity. Bring photo ID and proof of residency if available; people without a residence can still receive food. Call for distribution times and reservation options.

www.interfaithfoodministry.org/how-to-get-food.html

Food Bank of Nevada County

Call 211 for help finding a distribution near you

Food distributions at locations throughout the county. Use the distribution calendar or ask 211 for current locations and schedules before traveling.

www.foodbankofnc.org/upcoming-distributions

Hospitality House

530-271-7144 | 1262 Sutton Way, Grass Valley

Emergency shelter and support for people experiencing homelessness. Call Hospitality House or 211 to ask about the current shelter intake process, availability, and housing resources.

www.hhshelter.org/contact

Nevada County HOME Team

530-265-1725

Homeless outreach, case management, and housing navigation for highly vulnerable people experiencing homelessness. Call to ask about outreach and connecting with services.

www.nevadacountyca.gov/2869

Project GO Home Energy Assistance Program

888-524-5705 | Select option 2 for Nevada County

Utility bill assistance for eligible Nevada County households, including help with gas, electricity, propane, or firewood costs. Call to request an application and ask about emergency assistance. Eligibility and funding limits apply.

www.projectgoinc.org/heap.html

Gold Country Senior Services

530-273-4961 | Western Nevada County

Meals on Wheels and other senior supports. Call to ask about home-delivered meals, eligibility, service area, and other available programs. Meals on Wheels has no required charge; contributions are voluntary.

www.goldcountryservices.org/meals-on-wheels

Community family and transportation supports

Project Heart

530-446-6025 | Monday through Friday 9 am to 5 pm

Peer support groups, mentorship, reentry support, and help connecting with services. Ask about current programs and eligibility. For urgent crisis support, use 988 or the county crisis line.

www.projectheart.net/get-help-now | www.projectheart.net/programs

Community Beyond Violence

24 hour crisis line: 530-272-3467

Free, confidential support for domestic violence, sexual assault, and trafficking survivors. Ask about safety planning, advocacy, shelter, and housing support. Client center: 1020 McCourtney Road, Suite C, Grass Valley.

www.cbv.org/24-7-crisis-line

Sierra Community House

530-546-0952 | 24 hour helpline: 800-736-1060

Truckee and North Tahoe resources for food, family support, violence survivor services, and legal assistance. Call to confirm the appropriate program and office. Truckee office: 11890 Donner Pass Road, Suite 1.

www.sierracommunityhouse.org/contact-us

FREED Center for Independent Living

530-477-3333 | 435 Sutton Way, Grass Valley

Disability and aging resources, independent living support, and help connecting with community services. Call to discuss your needs and available programs.

www.freed.org/services | www.freed.org/contact

Nevada County Connects and Nevada County Now

Bus information: 530-477-0103 | Paratransit: 530-271-7433

Ask about bus routes and fares. Nevada County Now provides paratransit for eligible riders who cannot use regular buses because of a disability. Certification is required; reserve ADA trips at least the day before. Service area limits apply.

www.nevadacountyca.gov/4146 | www.nevadacountyca.gov/2262

Legal Services of Northern California

530-823-7560 or 800-660-6107 | Auburn office serves Nevada County

Free civil legal assistance for eligible low-income residents, including housing and public benefits issues. Call for an intake screening. Office: 190 Reamer Street, Auburn.

www.lsn.net/office/auburn

Nevada County Veterans Services

530-273-3396 | 988 McCourtney Road, Grass Valley

Help for veterans and eligible family members with benefits and community resources. Call to schedule an appointment.

www.nevadacountyca.gov/vso